

# SAINT MATTHIAS

---

## EPISCOPAL CHURCH

The Saint Matthias Messenger

Published Monthly

Volume 16 Issue 3 - March 2019



Saint Matthias Episcopal Church  
7056 Washington Avenue  
Whittier, CA 90602  
(562) 698-9741

**Office Hours:**  
Monday - Friday  
9:00<sup>AM</sup> - 4:00<sup>PM</sup>

**Rector**  
The Rev. Bill Garrison  
[Bill@stmatthiaswhittier.org](mailto:Bill@stmatthiaswhittier.org)

Church e-mail:  
[office@stmatthiaswhittier.org](mailto:office@stmatthiaswhittier.org)  
Web Page:

<http://www.stmatthiaswhittier.org>

**Sunday Worship Services**  
8:00<sup>AM</sup> - Morning Prayer with Eucharist  
10:00<sup>AM</sup> - Holy Eucharist Rite II

**Saturday Worship Service**  
The First Saturday of the Month  
5:00pm - Healing Service

**Wednesday Bible Study**  
10:00<sup>AM</sup>  
Wednesday Eucharist  
11:00<sup>AM</sup> - Holy Eucharist



# Miracles

I am almost sorry Jesus performed so many miracles. Personally I think he did them because of his great compassion, certainly not to show off. I hope you have made note of the fact that in the Gospel of Mark Jesus was continually asking people not to tell others about the miraculous event they had just witnessed. He knew there was an intrinsic issue with miracles.

The problem with miracles is that everybody gets all caught up in the miraculous and misses the message. Jesus came to teach us the most important lessons we will ever learn. His lessons were and are about love, compassion, common sense, and servant leadership. His hopes for us and love for us are evident on every page of scripture.

You see I believe in miracles. I know they happen. But they don't happen every time we want them to happen. In fact when we request them they appear to happen pretty rarely. God's ways are not our ways.

Instead of stepping in and saving the day every time we ask I believe God is asking each of us to be the miracles for those around us. We appeal to God to intercede, but we would be well served to recognize that God is already looking to us when we ask for help.

In the Beatitudes Jesus made some promises. I have taken the liberty of reshaping what he said a little for this discussion. Here is how the promises of Jesus may be fulfilled, our marching orders if you will.

Remind those that are down that the Kingdom of God is at hand.

Comfort those who are mourning for what they have lost.

Help those that lack confidence to know they are better than they think.

Tell those that are without hope that help is on the way and then be that help.

Be kind to the innocent, protect them, and help them on their way.

Work with those who wish to do violence and show them another way.

Be patient with those who do not respect you because you are living the gospel, and then look forward to

the day they do.

It isn't about God's miracles. It's about the miracles God hopes each of us will become. So then let's get about the work we have been given to do, the lives we have been given to lead.

*Fr. Bill+*

## From the Senior Warden's Desk

Our Vestry met for its Annual Retreat on February 2. Our sincere appreciation to Reverend Carolyn Estrada who created a unique opportunity for our members to take some time and explore our personal and organizational relationship with Christ. Through a series of questions and exercises we engaged in discussion that served to broaden our awareness of ourselves, each other, and our collective relationship with our Savior.

This proved to be an extraordinarily fitting launch for our New Year. It was intentional and it is instrumental in providing focus for our work throughout the coming year. We are committed in 2019 to fulfilling our mission at St. Matthias to "serve all in the spirit of Christ".

We welcome new Vestry members Charissa Burris, Jack Call, Mary Jo Call, Christina Olivos, Nate Warner, and Andrew Winans. We look forward to the talents and energy that they will provide.

Our departing members are Mary Carrillo, Teri Dodd, Mike Garabedian, Ellen Mykkanen, and Stan Jamieson. We extend our sincere appreciation for their service and dedication during the past three years.

A special thank you to Stan Jamieson who served as Sr. Warden for this concluding term. Stan continues to be a source of considerable knowledge about all things St. Matthias and he is a source of spiritual strength, as well. He has tirelessly served our congregation and we are grateful that he will continue in as Consultant to the Vestry.

Congratulations to Mary Jean Christian as she assumes the mantle of Jr. Warden. Mary Jean brings a wealth of knowledge about St. Matthias to our Vestry, and her dedication and commitment to our congregation is invaluable.

I am humbled by the opportunity to serve St. Matthias as Sr. Warden for this year. I am fortunate and blessed to be surrounded by such a wonderful Vestry and our congregation. Let's pray together, and constantly, for our continued growth, with Christ at the center of our lives, and the reason for all we do.

*Tim Adams, Senior Warden*



## Stephen Ministry

Thanks to all of you for helping to make our annual sweets sale a huge success. A total of \$622.00 was generated; this which will go a long way to help support speakers for continuing education and the purchase of updated materials.

Christ-Centered

Stephen Ministry is all about connecting hurting people with Christ's healing love. That central mission drives Stephen Leaders to fully invest in this ministry, doing everything in Jesus' name and guiding Stephen Ministers to do the same.

### *Our Deepest Fear By Marianne Williamson*

Our deepest fear is not that we are inadequate.

Our deepest fear is that we are powerful beyond measure.

It is our light, not our darkness that most frightens us.

We ask ourselves who am I to be brilliant, gorgeous, talented, fabulous?

Actually, who are you not to be? You are a child of God.

Your playing small does not serve the world.

There's nothing enlightened about shrinking so that other people won't feel insecure around you.

We are all meant to shine, as children do.

We were born to manifest the glory of God that is within us.

It's not just in some of us. It's in everyone.

And as we let our own light shine, we unconsciously give other people permission to do the same.

As we're liberated from our own fear, our presence automatically liberates others.

"A Stephen Minister is the Caregiver, and God is the Cure giver." Total confidentiality is a MUST.

*Faye Jackson, Stephen Minister Leader*

# Worship at Saint Matthias March 2019

- + 8:00<sup>AM</sup> - Holy Eucharist, Rite I
- + 9:00<sup>AM</sup> - Adult Christian Education
- + 10:00<sup>AM</sup> - Holy Eucharist, Rite II
- + 10:00<sup>AM</sup> - "The Works" - Children's Education

## **March 3                    The Last Sunday after Epiphany**

Scripture: Exodus 34:29-35, 2 Corinthians 3:12-4:2, Luke 9:28-36, Psalm 99

## **March 6                    Ash Wednesday**

Scripture: Isaiah 58:1-12, 2 Corinthians 5:20b-6:10, Matthew 6:1-6,16-21, Psalm 103:8-14

## **March 10                  The First Sunday in Lent**

Scripture: Deuteronomy 26:1-11, Romans 10:8b-13, Luke 4:1-13, Psalm 91:1-2, 9-16

## **March 17                  The Sixth Sunday after Epiphany**

Scripture: Genesis 15:1-12,17-18, Philippians 3:17-4:1, Luke 13:31-35, Psalm 27

## **March 24                  The Seventh Sunday after Epiphany**

Scripture: Exodus 3:1-15, 1 Corinthians 10:1-13, Luke 13:1-9, Psalm 63:1-8

## **March 31                  The Seventh Sunday after Epiphany**

Scripture: Joshua 5:9-12, 2 Corinthians 5:16-21, Luke 15:1-3, 11b-32, Psalm 32

---

---

## **"Be quiet."**

As you read those words, what did they remind you of? What image did you get? Was it a memory of one of your parents or teachers saying it to you? Were you shushed in a library or a classroom? Or the times you've said it to your children? Sadly I think when we are told to be quiet we feel we've done something wrong. So being quiet seems like a punishment. Maybe it feels aggravating because we're required to put our own thoughts on hold and pay attention to someone else's agenda. Or being quiet may just feel like we're wasting time.

But being quiet can have the opposite effect. When we choose to take time to be quiet we are making space for so many good things to happen to us, things like minimizing stress and anxiety, decreasing blood pressure, improving sleep, and minimizing memory loss. Allowing ourselves time in quiet spaces becomes a gift. As people of faith, we have an extra level of presence when we are quiet. We are opening ourselves up to the Holy Spirit and allowing the Holy Spirit to work in us and reveal God to us in new ways.

We're coming up on Lent when we as individuals and as a church consider our spiritual health and how we are living the gospel in our lives, our homes, our workplaces, our schools and our church. We are invited to look for signs of growth and renewal to celebrate and also ways in which we have fallen short, grown stagnant or cold-hearted or failed to love God by embracing the life-giving gifts we are offered. These are big questions that we are invited to wrestle with as part of observing a Holy Lent. And a wonderful way to do that than by gathering in sacred space, choosing to be quiet and listen for God the Holy Spirit.



*Be still, and know  
that I am God!*

Please join us on March 9th for a Silent Saturday when the Daughters of the King will sponsor some time for everyone at St. Matthias to do just that. We'll gather from 8:45 to noon to experience the gift of silence in different ways such as contemplating scripture, meditating with icons, walking a rosary, listening to sacred music ... ways to freely, intentionally, happily be with God and ... be quiet.

*Carole+*

## Futures Fund

It has been a while since we discussed the various ways that St. Matthias parishioners can contribute towards the future of St. Matthias. Lets begin the conversation this month by explaining what the Futures Fund is about and how it is overseen.

- ✦ The fund is an endowment fund being built primarily through legacies and memorials. The funds major purpose is to support ministries and major capital needs of St. Matthias. The fund will never be used for general operating expenses.
- ✦ The Futures Committee was formed to oversee the Futures Fund (Endowment Fund). This committee meets quarterly to review the production of the fund, strategize on ways to further grow the fund and develop ways to fully educate our congregation on the purpose of the fund so that members can make sound decisions regarding contributing to the fund.
- ✦ The committee is covered by very strict resolutions and by-laws and is restricted from independently making distributions from the fund. The final say in making distributions is always made by the vestry of St. Matthias.

In future messenger issues we will discuss in detail the various ways you can make contributions to this very important fund. If you have questions please contact myself or other members of the committee, Larry Christian, Doug Halliday, Mike Taylor or Fr. Bill.

*Stan Jamieson - Member*

## Why Do Electronic Giving (Pledges)

**Provides convenience for you** - There is no need to write checks and bring cash to church when contributions are made automatically. Your contributions are transmitted electronically and are deposited directly into the church account.

**Keeps you on track with stewardship commitments** - Scheduled, automated offerings prevent you from falling behind on financial pledges.

**Guarantees your uninterrupted support** - Even the most committed churchgoers will occasionally miss services due to illness, poor weather or vacation.

**Provides you with today's most popular payment methods** - Many families---especially young families---rarely write checks or carry cash

**Provides much needed donation consistency for st. Matthias** - (1) Seasonal donation slump is reduced (2) Financial forecasting is improved and (3) planning can proceed with confidence.

**Saves church staff time** - As the effort required to process cash and check donations decrease, the efficient use of staff time increases.

**Adds greater security in the church office** - Reduces handling of checks and cash.

If you would like to take advantage of this program please go to the St. Matthias Web Page [www.stmatthiaswhittier.org](http://www.stmatthiaswhittier.org) and look for the giving section. Or please contact me for an easy to use form and I will handle the setting up of your account.

## Silent Saturday

The Daughters of the King are sponsoring a parish quiet day on Saturday, March 9, from 9:00 a.m. to 12:00 noon. All are invited to join us in preparing for Lent with guided meditation and reflection facilitated by Rev. Carolyn and Rev. Carole. For more information, contact Rev. Carole or Angela Warner ([angelateacher1@gmail.com](mailto:angelateacher1@gmail.com)). Sign up on the clipboard in front of the church. Childcare will be provided; RSVP to Angela if you plan to bring children.

## Men's Desert Spirituality

Men's Desert Spirituality a.k.a. "Learning from the Monks" is a new men's group at St. Matthias, creating a place for men to explore how monastic wisdom can guide and transform their lives. Beginning in the early centuries of the church and continuing to the present, in Eastern Orthodox, Roman Catholic, and Anglican traditions, monks devote themselves to lives of prayer and service, offering a deep spiritual well of practical wisdom for our journey towards God. This path includes silence, solitude, community, humility, and self-discipline. We will explore these and related themes Monday evenings during Lent from 6:00 to 7:00 p.m. in the sanctuary. For more information, contact Nate Warner at 562-587-4635 or [natewarnerster@gmail.com](mailto:natewarnerster@gmail.com).

# PUZZLE

## Decode The days

At this time of year, God's creation "springs" to life.

Directions: After reading Genesis 1:1-2:3, write the correct Creation day number under each picture. Then add up each day's total and write it on the correct blank below.

 1	 3	 4	 5	 3	 5	 2
 4	 5	 2	 5	 5	 4	 3
 3	 6	 5	 4	 6	 5	 3
 6	 3	 6	 3	 6	 5	 6
 2	 6	 6	 1	 6	 1	 4
 6	 5	 3	 6	 5	 7	 6
 3	 6	 7	 4	 6	 6	 3

Day 1 (light) \_\_\_\_ Day 2 (waters) \_\_\_\_ Day 3 (land and plants) \_\_\_\_ Day 4 (heavenly bodies) \_\_\_\_  
 Day 5 (birds and water animals) \_\_\_\_ Day 6 (land animals and people) \_\_\_\_ Day 7 (God rested) \_\_\_\_

Answers: Day 1 = 3, Day 2 = 3, Day 3 = 10, Day 4 = 6, Day 5 = 10, Day 6 = 9 = 15, Day 7 = 2

## We Need To Know

Please let the clergy know of any members of the parish that are unable to come to church and would like to receive communion. **The Office now schedules the Lay Eucharistic Visitors and wants to include all who need a visit. Please contact Dottie or Father Bill in the Parish Office to schedule a visit.**

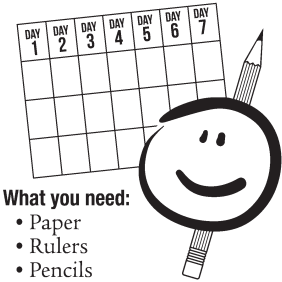
If you know of someone who has been admitted to a hospital, remember to inform the clergy. With the new privacy laws, the clergy can no longer check the roster for parishioners that may be hospitalized. It is "Better We Know Twice Than Not At All!"

## Support Our Advertisers

Each issue of the Saint Matthias Messenger is printed at no cost to our Parish, thanks to C&M Church Publications. They are able to do this by selling a single page of advertising in each issue. Please check the back of each issue's calendar and if you are in need of a service listed, consider using one of our supporters.

## DAYS OF CREATION

Play this game to remember when God made each of his masterpieces.



### What you need:

- Paper
- Rulers
- Pencils
- Markers or crayons
- Dice
- Bibles (open to Genesis 1:1-2:3 for reference)

### What you do:

1. To make game boards, draw a grid with four rows and seven columns, totaling 28 squares.
2. Across the top row, write DAY 1 in the first square and continue through DAY 7.
3. Take turns rolling one die, or all players can roll at once. For the number rolled, draw something God created on that day (in the correct column).
4. When you fill an entire row, draw a smiley face in the DAY 7 square. The first player with two smileys wins.

### Saint Matthias Staff

#### Rector

Fr. Bill Garrison

#### Associate

Rev. Carole Horton-Howe

#### Associate

Rev. Carolyn Estrada

#### Deacon

Rev. Kay Lozano

#### Youth / Senior Ministries

Sally Schacht

#### Music Director

Kevin McKelvie

#### Parish Administrator

Dottie Andersen

#### Facilities Manager

Ben Gonzalez

#### Treasurer

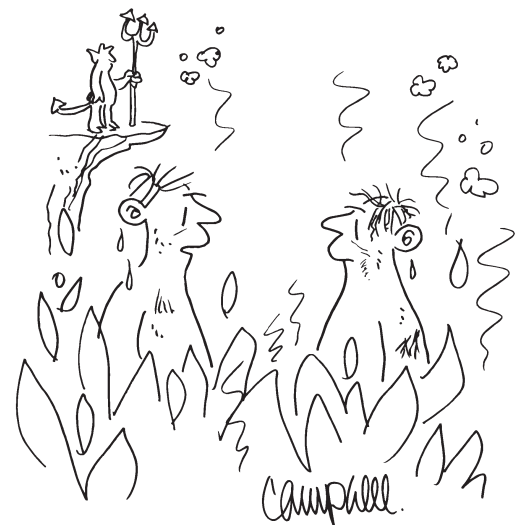
Kathel Harris

#### Bookkeeper

Kent Meyers

## Special Dates in March

- \* Transfiguration of Our Lord, March 3
- \* Ash Wednesday, March 6
- \* Daylight-Saving Time, March 10
- \* First day of spring, March 20



"Who knew St. Peter had fact checkers?"

## Come Sing The Hallelujah Chorus On Easter Sunday!

I know there are many of you, St. Matthias parishioners, who have sung the great **Messiah** chorus: "Hallelujah".

If you are one of those people and would like to sing Handel's great chorus with our Parish Choir at the 10 a.m. Easter Sunday service, please get in touch with Kevin McKelvie.

All you need do, is be available for a brief rehearsal on Easter morning at 9:30 a.m.

Scores will be provided and can be made available to you ahead of time, in case you want to "brush up" on it.



*Please contact Kevin McKelvie if you are interested.*

*Email: [krmckelvie@aol.com](mailto:krmckelvie@aol.com)*

*Phone: 312.865.9367*

*Or see him on a Sunday morning!*



RETURN SERVICE REQUESTED  
DATED MATERIAL

7056 Washington Avenue  
Whittier, CA 90607  
(562) 698-9741

**Saint Matthias Episcopal Church**

Non-Profit  
Org.  
U.S. Postage  
PAID  
Permit #204  
Whittier, CA