

SAINT MATTHIAS

EPISCOPAL CHURCH

The Saint Matthias Messenger

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Office Hours

Monday-Friday
10AM-4 PM

Holy Eucharist

Sundays at 8 AM

Holy Eucharist

Sundays at 10 AM

10 AM Services Streamed at
facebook.com/stmatthiaswhittier

A Reflection on This Easter Season

In our tradition, the Crucifixion and Resurrection of Jesus Christ are central events that embody profound spiritual truths. The Crucifixion represents the ultimate sacrifice, demonstrating God's boundless love for humanity. It is a moment of deep sorrow, yet also one of great love, as Jesus willingly endures suffering for the redemption of us all. This act of selfless love invites us to live lives of compassion, service, and forgiveness, following Christ's example.

The Resurrection is the triumphant affirmation of life over death, light over darkness. It is the central event of our faith, the source of our hope and the foundation of our mission. It is not just a historical fact, but a living reality that transforms our lives and our world. It signifies that love is stronger than hate, and life eternal awaits beyond the temporal struggles. But what does it mean to live as Resurrection people in our daily lives? How do we witness to the power of God's love that overcomes sin and death? How do we embody the joy and peace that Christ offers to us and to all people?

Perhaps we look at the stories of the disciples, who encountered the risen Lord in various ways. They weren't always ready or willing to believe. They had doubts and fears. They wrestled with how to understand what happened and what it meant to them. They needed the guidance and support of the community. They also needed the personal touch and the gentle voice of Jesus, who met them where they were and invited them to follow Him. We can relate to their experiences because we too face challenges and uncertainties in our faith journey. We need the fellowship and the sacraments of our Church. We need the presence and the call of Jesus, who comes to us in different ways and invites us to follow Him.

The Scriptures, inspired by the Holy Spirit, provide us an avenue to Jesus, as well. They testify to His life, death, and resurrection. And as we read and study the Scriptures, we can ask the Holy Spirit to open our minds and hearts to the truth and beauty of God's Word. We can ask Jesus to speak to us personally, to reveal himself to us, and to show us His will for our lives.

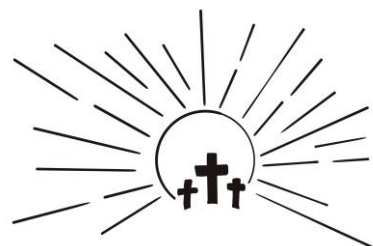
Jesus comes to us through the people around us, especially those who need his love and mercy. As we serve and care for others, we can see the face of Christ in them and share the good news of his Resurrection with them. We learn from them as they teach us about faith, hope, and love. We can pray for them and with them, as we join our voices and our hearts to the prayer of Christ for the world.

Jesus comes to us through the events and the circumstances of our lives, both the joys and the sorrows, the blessings, and the trials. As we reflect on our lives, we can discern the signs of God's grace and providence, as well as the challenges and opportunities for growth and conversion. We can thank God for all that he has done and is doing for us and ask him for his guidance and strength. We can also offer our lives to God, as we seek to do his will and to glorify Him in all that we do.

These are some ways that we can live as Resurrection people, who are not afraid of death, but confident in life. We needn't be discouraged by evil, but confident in life; who are not discouraged by evil but inspired by goodness; not indifferent to the world, but passionate for the kingdom of God. We celebrate the Resurrection every Sunday, when we gather to hear the Word of God and share Holy Communion. We also observe the Easter season for fifty days, from Easter Sunday to Pentecost, when we rejoice in the risen Lord and his gift of the Holy Spirit.

The Crucifixion and the Resurrection form the heart of the Christian faith, offering a path to salvation and a call to live out the Gospel's message of love and reconciliation every day. We can thank God for all that he has done and is doing for us and ask him for his guidance and strength. We should discern the signs of God's grace and providence in our lives, as well as the challenges and opportunities for growth and conversion. We can offer our lives to God as we seek to do his will and to glorify him in all that we do.

Timothy Adams
Vestry Member Emeritus



Food For Thought

In Dark Times

*In dark times, even
in death, we do well
to remember that*

*for God nothing
is ever lost or gone,
not even in death,*

*since God holds
everything that is,
even death itself,*

*in the eternal Now
of abundant love
and endless blessing.*

and even though

*Some imagine there is no light
in their life but only a long darkness.*

*I say that the light is never absent,
always seeking to flow forth within
the ground of the soul, but we block
it in our confusion and fail to see
how it ever shines and burns in us.*

*So if you want to know the light,
you must first face the darkness
that is in you. Only then will
this light overflow your soul and
dance with radiance in your life*

*Miester Eckhart's Book of Secrets pp 46 & 48
Mark Burrows & Jon M. Sweeney*



Pastoral Committee

Your pastoral committee helps to minister to our parishioners during times of need. Cards and/or flowers are sent to those that are ill, in the hospital or recovering from a health issue. The committee can also provide some funds for assistance with a utility bill or pharmacy co-pay. And if more emotional support is needed the Stephen Ministry team has trained volunteers that can be a listening ear and spiritual support through a difficult time.

Please let our parish administrator Sophie McIntosh or I know of anyone in need. If we don't know we can't provide help.

Mary Jean Christian, Committee chair



ECW HOSTED TEA

ECW will be host its annual Tea social after the 10 o'clock service on Sunday, May 5th. Everyone is welcome. It is not limited to ECW members. Reasons to attend:

It is the first Sunday of the month, the day we acknowledge and celebrate those with birthdays and anniversaries in that month.

Coffee hour anyway.

Opportunity to gather and chat.

Cinco de Mayo.

Because we want to!

An opportunity to support The Loving Thing. Quilts, donated by the Friendship Square Quilt Guild of La Habra, will be auctioned during the Tea. All proceeds will go to The Loving Thing.

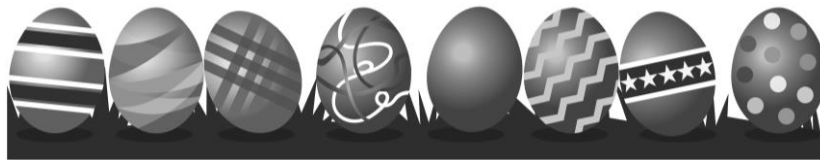
As of this writing the menu has not yet been determined, but beverages other than tea will be available. We look forward to you joining us!

Spring Tea

Treasurer's Report

At the March vestry meeting a salary package for a rector was reviewed with advice from our Diocesan advisor. As all materials are gathered and finalized, we will then be able to submit to the diocese and initiate a search process. The February financials were also presented at the March meeting, and we are on budget. The financial reports are posted in the cabinet in St. Francis patio. As always, I am deeply grateful for your ongoing support of the ministries of St. Matthias.

Mary Jean Christian, Treasurer



Our Time

At the March meeting of Our Time 800 Easter eggs were filled with candy to support the donation of 400 Easter Gift Bags St. Matthias will deliver to the Interfaith Food Bank. A big **thank you** to Joan Krave, Sophie McIntosh, Sue Williams, LaVerne Edmunds and Maguerite Harjo!

Our Time meets the second Tuesday of the month at 2pm in the Chapel. All of our senior adults (think AARP eligible) are welcome.

Mary Jean Christian, facilitator



The office will be closed April 1st through April 5th.

Doing the Loving Thing will be open on Monday, Wednesday and Friday of that week.

Recipe Corner

This recipe comes from Bonnie Selmanaj. Those of you who came to our Thursday Lenten potlucks were lucky enough to partake and can regale others about how delicious it is!

SHEPHERD'S PIE

1 1/4 hours | 30 min prep

SERVES 6

- 1 1/2 lbs ground beef (I use ground turkey)
- 2 garlic cloves, minced
- 1 cup chopped onion
- 1/4 cup flour
- 1/4 teaspoon salt
- 1/4 teaspoon pepper
- 1/4 teaspoon dried thyme
- 2 cups beef stock
- 2 teaspoons Worcestershire sauce
- 1 bay leaf
- 1/2 cup finely diced carrot
- 4 small stalks of celery - sliced
- 1/2 cup corn kernel

Topping

- 5-6 medium potatoes
- 6 garlic cloves, peeled & lightly crushed
- 3/4 cup 2% low-fat milk or buttermilk
- salt & pepper
- (I used already made mashed potatoes from Costco)

(I use whatever frozen vegetables I have in the freezer)


1. Brown ground beef, drain fat.
2. Add onions & garlic, cook until softened.
3. Stir in flour, salt, pepper, thyme
4. Add stock, Worcestershire, bay leaf, & carrots & celery.
5. Cover loosely and simmer, stirring occasionally for 20 minutes or until quite thick and carrots are tender.
6. Stir in corn.
7. Add salt to taste, remove bay leaf.
8. Spread in 11x7 baking dish, let cool slightly.
9. For the topping: In boiling salted water, cook potatoes with garlic until tender.
10. Drain well and mash, beat in milk, salt & pepper.
11. Spread over meat mixture (easiest if you start from edges).
12. Bake at 400 for 20 minutes or until filling is bubbling.

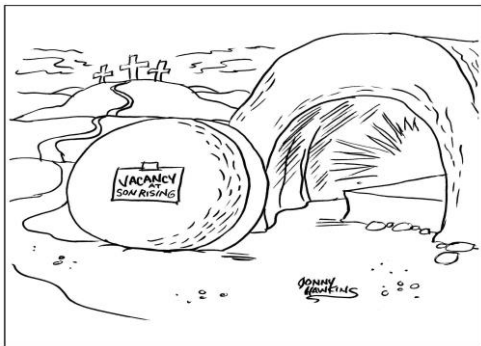
You can make ahead of time and store in the refrigerator. Just add 20 minutes to the baking time.

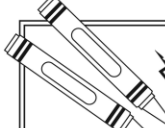
?? **Bible Quiz** ??

What does the newly risen Jesus tell his disciples – twice – when he appears in the locked room where they are hiding?

A. "Love one another as I have loved you."
 B. "Peace be with you."
 C. "The last shall be first and the first shall be last."
 D. "I am risen!"







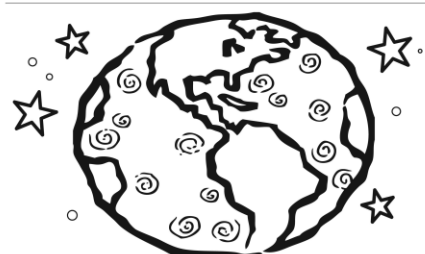
PUZZLE

A SPECIAL GIFT

Give thanks to God for this amazing planet, which he filled with people, animals and plants.

Directions: Following the code below, fill in the blanks to complete the Bible verse. Then color the earth.

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26
A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z



The _____ is _____, and _____, the _____, and _____, 24:1, NIV

5	1	18	20	8	20	8	5	12	15	18	4	19		
5	22	5	18	25	20	8	9	14	7	9	14	9	20	
23	15	18	12	4	1	12	12	23	8	15	12	9	22	5
9	14	9	20	16	19	1	12	13						

Answer: The earth is the LORD'S, and everything in it, the world, and all who live in it, Psalm 24:1, NIV

APRIL SERVICES, EVENTS, & SMALL GROUPS

SUNDAYS AT 8:00 A.M. Holy Eucharist (in-person only)

SUNDAYS AT 10:00 A.M. Holy Eucharist (in-person and streaming live at
facebook.com/stmatthiaswhittier)

BIBLE STUDY/MORNING PRAYER: Wednesdays 10am, Chapel

MEN EATING BADLY: Saturday, April 6th, 8:00 a.m. Greenleaf Café. Contact Tim Adams.

OUR TIME: Tuesday, April 9th, 2p.m. Contact Mary Jean Christian.

VESTRY MEETING: Tuesday April 9th, 7:00 p.m. Chapel.

STITCHERY GROUP: Saturday, April 20th, 9:00 a.m. Chapel. Contact Ellen Mykkanen.

ST. ELIZABETH GUILD: Thursday, April 18th, Noon, Chapel, Contact Diana Jimenez.

BIBLIOPHILE: Tuesday April 16th, 6:30 p.m.. On Zoom, Contact Fred Adams.

EPISCOPAL CHURCH WOMEN (ECW) Saturday, April 27th, 10a.m. Chase Room.

CENTURY 21[®]

Cornerstone



Alan Selmanaj

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Sunday Worship at St. Matthias: April 2024

April 7 Acts 4:32-35, Psalm 133, 1 John 1:1-2:2, John 20:19-31

April 14 Acts 3:12-19, Psalm 4, 1 John 3:1-7, Luke 24:36b-48

April 21 Acts 4:5-12, Psalm 23, 1 John 3:16-24, John 10:11-18

April 28- Acts 8:26-40, Psalm 22:25-31, 1 John 4:7-21, John 15:1-8

We look forward to offering our worship services on more than one platform for streaming in the near future. We are awaiting new equipment that will allow us to do so. So please be patient and stay with us till that happens.

APRIL 2024

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